

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Herbert Trafoyer**

Has successfully participated & completed the

**5km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 00:40:57**

**PACE 08:10/km**

**OVERALL 25 of 97**

**GENDER 15 of 31**

**70 - 79 1 of 1**

23 June 2019, Sun

Date



*BoutTime*

Signature

